



**JOIN THE
MOVEMENT**

Chronic Disease Prevention Workgroup

**Supporting Healthy
Lifestyles and Healthy
Communities**

Healthier Together – 25 by 2025

A Collective Impact Approach

Key Partners

Presenters

Gregory Davenport,
Gateway Region YMCA

Amy Funk
University of Illinois Extension
SNAP-Ed

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- Damon Broadus- American Heart Association
- Alicia Chillemi Slocomb- Belleville Main Street
- Greg Davenport - Gateway Region YMCA
- Lennox Forrester-Gateway Region YMCA
- Amy Funk - University of Illinois Extension
- Nicole Hawkins-St. Louis Area Foodbank
- Laquitsha Bejoile-Hayes, University of Illinois Extension,
- Donna Meyers - St. Elizabeth's Hospital
- Reagan Nelson - Asthma & Allergy Foundation of America
- Cheryl Singsank - Memorial BJC Hospital
- Kiyeon Yoch, AgeSmart

A Collective Impact Approach



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The Chronic Disease Work-Group is a collective of organizations working to **purposefully coordinate programming, supports and resources in a multilayered approach** in the Belleville Franklin Elementary footprint.

We are working to support environmental, system and policy changes that support well-being while making healthy choices affordable and accessible to all.

Such efforts will be scaled over time.

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Improve access and increase consumption of healthy foods and beverages



Decrease Food Insecurity



Increase number of minutes of physical activity



Increase health literacy



Increase percent of students receiving immunizations and physicals



Decrease tobacco usage

A Collective Impact Approach

7
out of
10

CHRONIC DISEASE is THE LEADING CAUSE OF DEATH in the US

Image: Center for Disease Control and Prevention, <https://www.cdc.gov/chronicdisease/index.htm>



HEART DISEASE



CANCER



CHRONIC LUNG
DISEASE



STROKE



ALZHEIMER'S
DISEASE



DIABETES



CHRONIC
KIDNEY DISEASE



Activity



Overall

94

Health Factors

94

Health Behaviors

100

COUNTY HEALTH RANKINGS

<http://www.countyhealthrankings.org/>

Healthy People 2020 Social Determinants of Health Place-based Domains



Residents of impoverished neighborhoods or communities are at increased risk for mental illness, chronic disease, higher mortality, and lower life expectancy.

Economic
Stability

Education

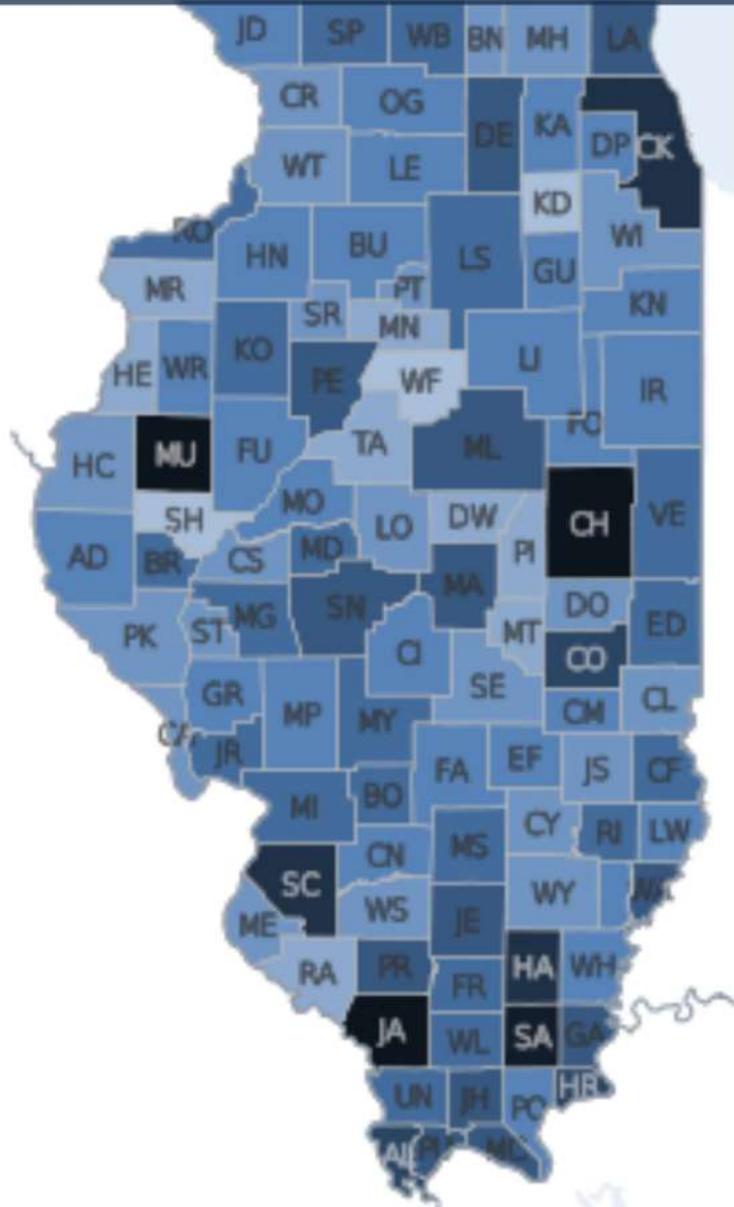
Health and
Health Care

Neighborhood
and Built
Environment

Social and
Community
Context

Source: <https://www.healthypeople.gov/2020/>

Income Inequality



Top ten poorest places in Illinois

Centreville

Harvey

East St. Louis

Riverdale

Cahokia

Robbins

Kankakee

Carbondale

Markham

West Frankfort

Census data from the American Community Survey for the 332 places in Illinois with more than 5,000 people

Obesity

33 %

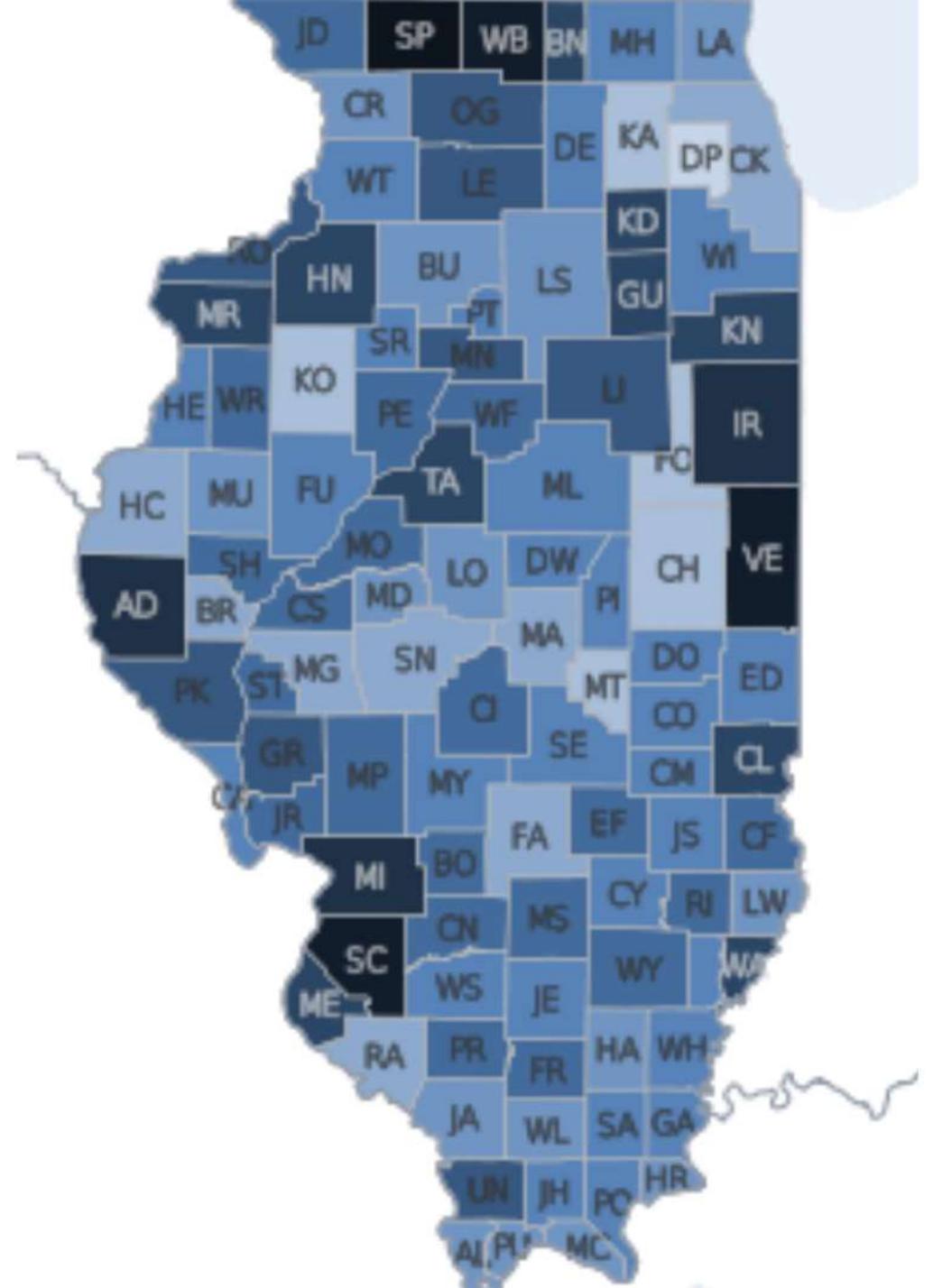


St. Clair

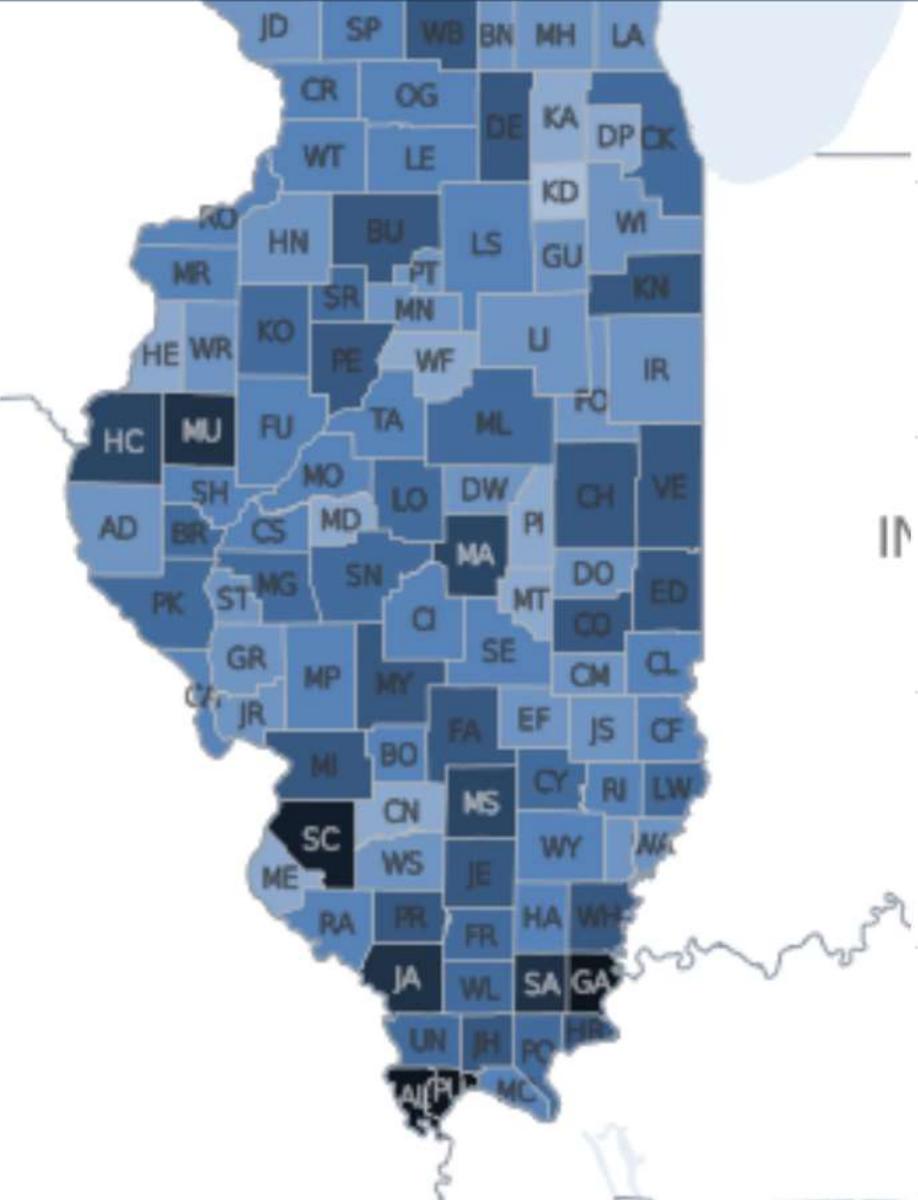
25 %



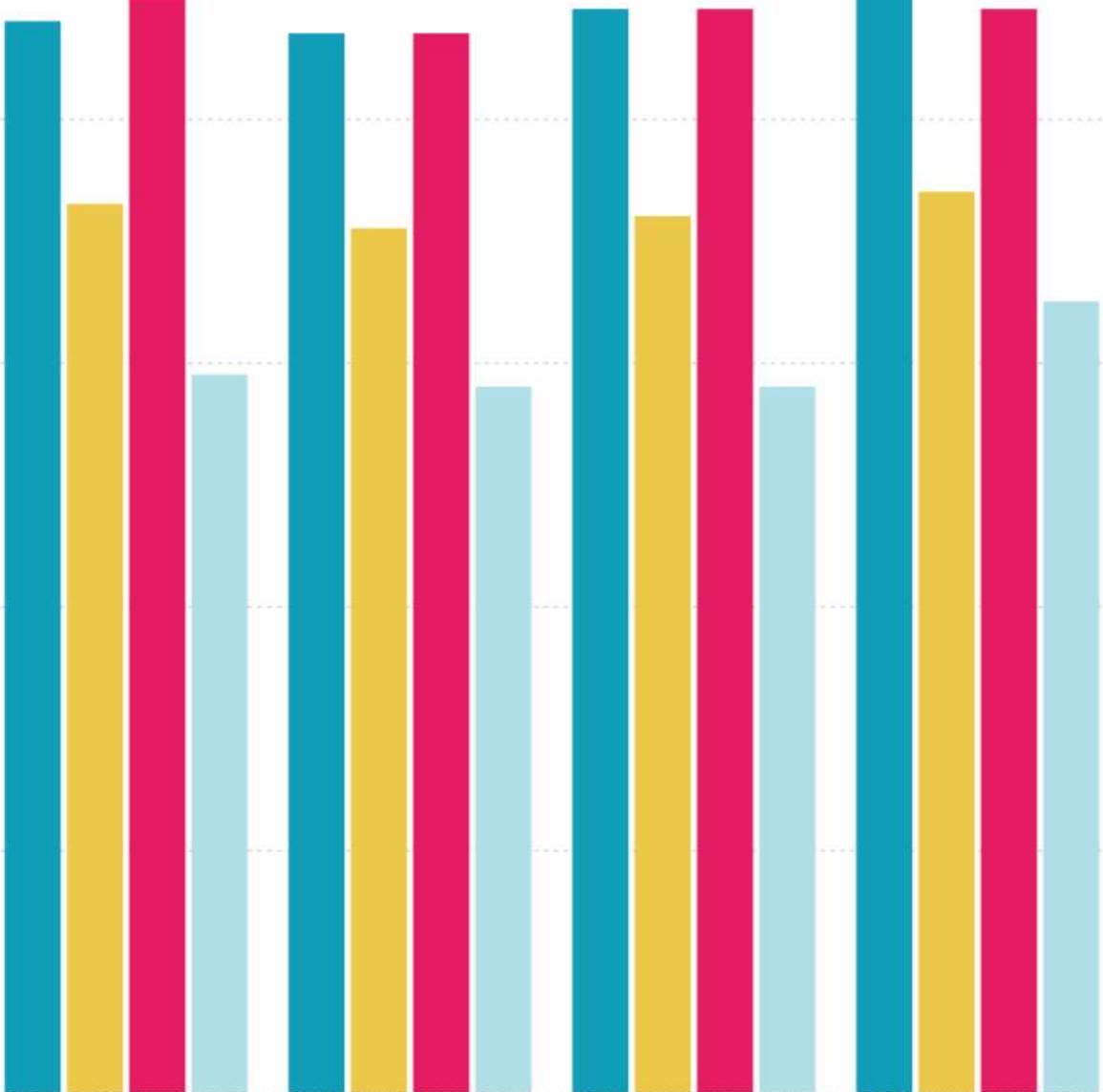
Dupage



Food Environment



- DuPage County, IL
- Madison County, IL
- Monroe County, IL
- St. Clair County, IL





1 in **10**

**individuals in
Illinois are food
insecure**

1 in **6**

**individuals in St.
Clair County are
food insecure**

1 in **3**

**food insecure families
in Illinois make too
much money to qualify
for federal nutrition
programs**

Lack of consistent access to enough food for an active & healthy life



FOOD INSECURITY

Food
Access

Low Access

- Distance from a supermarket, super-center, or large grocery store
- Vehicle availability



Food Deserts

- Lack healthy food sources
- Are low income
- Are low access

Health, Education, and Behavior

Inadequate nutrition and trauma can permanently alter a child's brain growth leading to stunted intellectual capacity, and learning/ social challenges



anemia, asthma, poor dental health, stunted development, hospitalization



at risk of falling behind at school, lower reading and math scores, miss more school, make more trips to the school nurse



may be more likely to show behavioral problems like hyperactivity, aggression, and anxiety

1. Feeding America, Child Food Insecurity Report 2016

2. Food Research & Action, Food Hardship in America A Look at National, Regional, State, and Metropolitan Statistical Area Data on Household Struggles With Hunger, August 2018



Franklin
Elementary
Footprint

Free and Reduced Lunch

80.57%

Enrollment

211

Franklin Elementary
301 North Second Street
Belleville, IL 62220

Source: Illinois State Board of Education

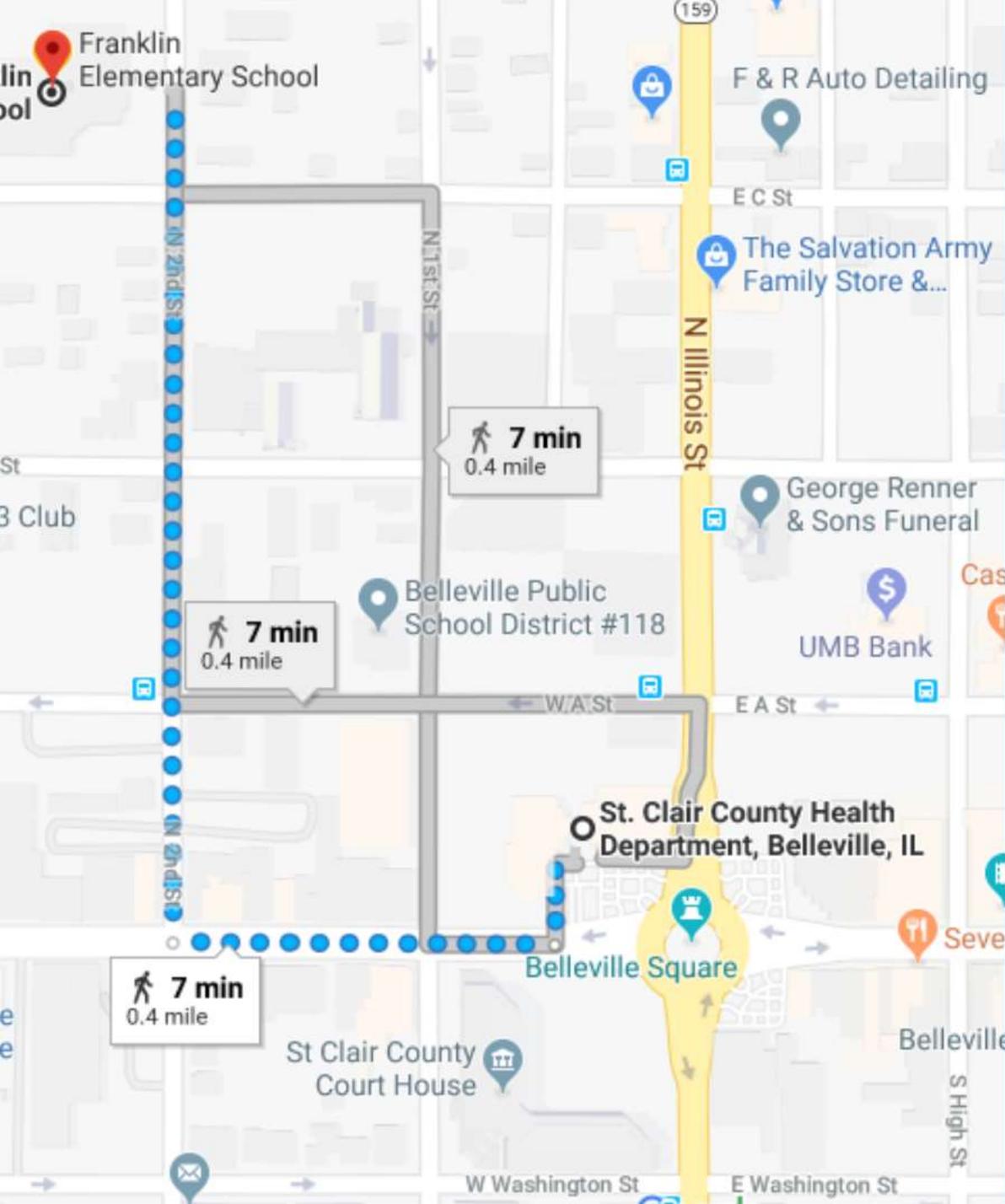


**What
Would
You Do?**

Poor Nutrition

Physical Inactivity

**Missed Class Time
(Immunizations &
Physicals)**



Improve access and increase consumption of healthy foods and beverages



Decrease Food Insecurity



Increase number of minutes of physical activity



Increase health literacy



Increase percent of students receiving immunizations and physicals and other health supports



Extending some programming to three additional Belleville Camps!

Health Literacy Promoting Healthy Living

7 agencies working to provide programming at week summer camp

- AgeSmart
- BJC
- Chestnut
- SIUE School of Nursing
- St. Clair County Health Department
- University of Illinois Extension
- YMCA

Providing other value added items like water bottles, possible activity trackers, and resources directed toward families

FOOD ENVIRONMENT



EBT APPROVAL: Belleville Old Town Market

Working with St. Elizabeth Hospital to develop marketing & coupon program

Troubleshoot with AgeSmart making senior market coupons more accessible at PSOP.

WIC Demonstration Garden, partnership with University of Illinois Extension and nearby daycare

St. Louis Food Bank working to offer Weekend Meal Food Boxes to food insecure families in District 118

Fall Mobile Market Event with St. Louis Foodbank and Community Partners.



Health Access & Supports

Coordinate with SIUE School of Nursing We Care Clinic to offer at school site immunizations and physical.

Arrange Asthma & Allergy training for all District 118 Camp Directors and Americorp Volunteers

Working to identify other resources and support needs over time.

Make Health Happen ESTL

Working Collectively to Make Health Happen Throughout the Metro East Communities



"We are working to
are the commun
Mr. & Mrs. Corne



**There are 67 SNAP
Vendors in Greater
ESTL Area**





Food Access Strategies

Promote Healthy & Responsible Food Retail

Support and promote school meals and quality improvement initiatives

Promote Summer Meals & Connect Community

Increase youth awareness and voice specific to food environment

Increase redemption of SNAP-Ed Double value, Senior Vouchers, and WIC Produce vouchers at F.R.E.S.H Farmer's Market

Connect food insecure families to food resources and work with pantries to increase healthy food choices



Health Champions

We are the community!

Mr. & Mrs. Conrad
Bond Avenue
Poultry & Fish



A Tangled Web Food Access, Safety, Crime...

Abundance of "Corner Stores" lack of quality foods

Negative Messaging Environment

Saturation of liquor/corner stores promoting unhealthy environments.

Safety Concerns (illegal activity) & Change in Store Ownership

Underage access to tobacco and alcohol access to minors in the City of East St. Louis.



Increased physical availability of alcohol is associated with increases in



Homicide ⁸



Suicide ¹⁰



Intimate partner
violence ¹¹



Child maltreatment ²³



Robbery ⁸



Sexual Assault ⁸



Aggravated
assault ⁸



Underage
drinking ¹³



Hospital
admissions ¹⁴



Alcohol use
disorders ¹⁵



Motor vehicle
crashes ¹⁶



Gonorrhea ¹⁷



Create more accountability
for liquor licensees for illegal
sales practices



Regulate alcohol outlet
density through licensing and
zoning processes



Proximity to schools, youth
based centers and churches



Regulate alcohol-related
marketing (windows,
building signage, billboards)

1. What local or regional resources could be leveraged to support these efforts?

2. What Strategies should we consider?

FEEDBACK



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